

EAT

LEARN  
LIVE

# food glorious food



## COOPERSALE HALL SCHOOL MENU Summer, 2010 Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Bolognese <i>Minced Beef Cooked in a Tomato &amp; Garlic Sauce</i>	Toad in The Hole With Onion Gravy	Chicken & Ham Pie <i>Diced Chicken Cooked with Ham in a Creamy Sauce Topped With Pastry</i>	Shepherds Bake <i>Minced Lamb &amp; Vegetables Topped with Diced Potato</i>	Jumbo Cod Fish Finger Breaded Cod Fillet
<hr/>				
Chefs Tomato Sauce	Vegetable & Potato Whirl	Cheese & Tomato Pizza	Macaroni Cheese <i>Macaroni Cooked in a Cheese Sauce</i>	Vegetable Fajitas <i>Stir Fried Vegetables Wrapped in a Fajita</i>
<hr/>				
Pasta Shapes	Parsley Potatoes	New Potatoes		Chunky Chips
Sweetcorn Sliced Green Beans	Mixed Vegetables Cauliflower Florets	Sliced Carrots Broccoli Florets	Freshly Sliced Cabbage Macedoine	Baked Beans Garden Peas
<hr/>				
Sticky Toffee Pudding	Vanilla Ice Cream	Jam & Coconut Sponge	Home-style Flapjack	Fresh Fruit Platter
<hr/>				
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Fraise, Fresh Fruit				

EAT

LEARN  
LIVE

# food glorious food



## COOPERSALE HALL SCHOOL MENU Summer, 2010 Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Special <i>Bacon, Omelette, Mushrooms</i>	Chicken & Broccoli Pasta Bake <i>Diced Chicken &amp; Broccoli Cooked in a Creamy Pasta Sauce</i>	Premium Beef Burger in a Bap	Roast Chicken With Sage & Onion Stuffing	Jumbo Cod Fish Finger Breaded Cod Fillet
Cheese Puffs	Mushroom Frittata	Cheese & Tomato Quiche	Stir Fry Vegetables	Vegetable Curry Served with Rice
Saute Potatoes	Garlic Bread Slice	New Potatoes	Roast Potatoes	Chunky Chips
Baked Beans Garden Peas	Sliced Carrots Sliced Green Beans	Fresh Broccoli Mixed Vegetables	Sliced Green Cabbage Sweetcorn	Grilled Tomato Garden Peas
Apple & Oat Crumble	Lemon Iced Buns	Fruit Jelly	Chocolate Sponge & Chocolate Sauce	Fresh Fruit Platter
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Fraiss, Fresh Fruit				

EAT

# food glorious food



## COOPERSALE HALL SCHOOL MENU Summer, 2010 Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cumberland Sausage	Minced Beef & Onion Bake <i>Minced Beef Cooked with Onions &amp; Pasta</i>	Lamb & Vegetable Pie <i>Minced Lamb Cooked with Vegetables Covered with Pastry</i>	Sweet & Sour Chicken <i>Diced Chicken Cooked in a Sweet &amp; Sour Sauce</i>	Jumbo Cod Fish Finger Breaded Cod Fillet
Quorn Sausage	Cheese & Tomato Pizza Slab	Savoury Stuffed Jacket Potatoes	Vegetable Fritata <i>Vegetables Cooked with Eggs &amp; Cheese then Baked in the Oven</i>	Eggs Florentine <i>Hard Boiled Eggs Placed on a Bed of Spinach &amp; Covered in a Cheese Sauce</i>
New Potatoes	Jacket Potato	Creamed Potatoes	Long Grain Rice	Chunky Chips
Sweetcorn Baked Beans	Cauliflower Sliced Green Beans	Broccoli Florets Mixed Vegetables	Sweetcorn Sliced Carrots	Grilled Tomato Garden Peas
Artic Roll	Apple Cobbler & Custard	Milkshake & Shortbread	Jam & Coconut Sponge	Jelly & Fruit
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Fraiss, Fresh Fruit				