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## COOPERSALE HALL SCHOOL MENU Autumn/Winter, 2011-2012 Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cumberland Sausages <i>With Onion Gravy</i>	Chilli Con Carne	Pizza Selection	Chicken & Vegetable Pie <i>Diced Chicken Cooked with Vegetables &amp; a Cream Sauce Topped with Puff Pastry</i>	Jumbo Cod Fish Finger Breaded Cod Fillet
Quorn Sausage	Eggs Florentine <i>Hard Boiled Eggs on a Bed of Spinach Covered in Cheese Sauce</i>	Potato & Vegetable Bake	Cheese & Mushroom Frittata	Cheddar Cheese Puffs
Parsley Potatoes	Long Grain Rice	Garlic Bread Slice	New Potatoes	Chunky Chips
Baked Beans Broccoli Florets	Freshly Sliced Carrots Sliced Cabbage	Garden Peas Sweetcorn	Sliced Green Beans Cauliflower Florets	Baked Beans Garden Peas
Chocolate Sponge & Chocolate Sauce	Lime Flavour Jelly	Apple & Pear Crumble & Custard	Iced Sponge & Custard	Artic Roll
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Fraise, Fresh Fruit				

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## COOPERSALE HALL SCHOOL MENU Autumn/Winter, 2011-2012 Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Shepherds Pie	BBQ Chicken	Pasta Bolognaise	Bacon, Cheese & Tomato Slice	Jumbo Cod Fish Finger Breaded Cod Fillet
Cheese & Onion Frittata <i>Cheese &amp; Omelette</i>	Tomato Macaroni <i>Macaroni Cooked in a Tomato Sauce</i>	Cheddar Cheese Puffs	Quorn Sausage	Eggs Florentine <i>Hard Boiled Eggs on a Bed of Spinach Finished with Cheese Sauce</i>
.....	Long Grain Rice	Garlic Bread Slice	Parsley Potatoes	Chunky Chips
Mixed Vegetables Cauliflower	Sweetcorn Sliced Green Beans	Broccoli Macedoine	Freshly Sliced Carrots Sweetcorn	Baked Beans Minted Peas
Spotted Dick & Custard	Home-style Apple Pie & Custard	Home-style Flapjack	Lemon Crunch Pudding & Custard	Strawberry Flavour Jelly
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Frais, Fresh Fruit				

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## COOPERSALE HALL SCHOOL MENU Autumn/Winter, 2011-2012 Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minced Beef & Onion Pie	Roast Chicken With Sage & Onion Stuffing	Toad In The Hole	Lamb & Pasta Bake	Jumbo Cod Fish Finger Breaded Cod Fillet
Egg Mornay Muffin	Feta & Spinach Pie	Quorn Sausage	Vegetable Whirl	Macaroni Cheese <i>Macaroni Cooked in a Cheese Sauce</i>
New Potatoes	Roast Potatoes	Jacket Potato	Garlic Bread Slice	Chunky Chips
Freshly Sliced Carrots Cauliflower Florets	Macedoine Broccoli Florets	Sweetcorn Baked Beans	Sliced Green Beans Mixed Vegetables	Baked Beans Minted Peas
Vanilla Ice-Cream With Sauces	Mixed Fruit Crumble & Custard	Creamed Rice Pudding With Jam	Strawberry Sponge & Custard	Rainbow Cookies

Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Frais, Fresh Fruit

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## COOPERSALE HALL SCHOOL MENU Autumn/Winter, 2011-2012 Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Indian Style Chicken Curry	Traditional Cumberland Sausages	Lamb & Apple Pie	Pasta Bolognese	Jumbo Cod Fish Finger Breaded Cod Fillet
Cauliflower Cheese	Vegetable Frittata <i>Vegetable Omelette</i>	Tuna Melt	Mushroom Whirl	Tomato, Cheese & Red Pepper Tart
Long Grain Rice	Jacket Potato	Parsley Potatoes	Garlic Bread Slice	Chunky Chips
Freshly Sliced Carrots Whole Green Beans	Sweetcorn Baked Beans	Mixed Vegetables Broccoli	Cauliflower Florets Macedoine	Grilled Tomato Minted Peas
Jam Sponge Pudding & Custard	Apple Cobbler & Custard	Home-style Flapjack	Spotted Dick & Custard	Orange Flavour Jelly
Also Available Daily - Jacket Potatoes, Salad from the Salad Bar, Fromage Frais, Fresh Fruit				