

March 2023

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Headmistress's Message

Dear Parents

We had some special visitors in the school this term. The children had the opportunity to go and see the Easter animals. Many thanks to FoCHS for arranging these as well as a brilliant disco for Years 4 and 5.

The Easter Bonnet Parade was a huge success, thank you to everyone who joined us for this lovely event. It has been a busy term at Coopersale Hall with classroom activities, trips out, sport fixtures and many more as you can see from this newsletter.

Have a lovely Easter break, and we look forward to seeing you all back on the first day of Summer Term.

Kind regards

Miss Barnard

Year 6 Get Creative With Batik Art

Year 6 children at Coopersale Hall have been doing batik work using the work of Romero Britto as the stimulus for their work. They worked hard to try and make their designs big and bold without too much detail. Children chose a variety of different birds as their templates - and then added lines and dots to make their work more interesting.

Using hot paraffin wax, poured into a tjanting tool, children traced over their bird designs. The steadier their hands, the cleaner the lines they created. They needed to work quickly to ensure that not too much wax was absorbed into the calico. It was also important that the wax wasn't too cold so that the wax lines were thick enough to form a barrier and absorb the dye when they later painted and sponged their designs.

Once the wax had dried, children mixed their own colours and created bright, bold designs. We're very impressed with how their pieces have turned out.



Show and Tell in Year 1

Year 1 really enjoyed Show and Tell, bringing in something special to them or something educational and explaining why they had brought it to show the class.

Show and Tell is a lovely way to share news, achievements and to practise speaking and listening skills.



House Points Spring Term	Beech	Chestnut	Oak	Willow
Points	2246	1928	1793	1463
Position	1st	2nd	3rd	4th

Pupil Spotlight

This month we are shining the pupil spotlight on Abigail in Year 5, who is an avid golf fan and player. Abigail sat down with us to share the news of her recent competition and what the sport really means to her.

Abigail – Golf Questions:

What was the Tournament called?

It was called the U.S. Kids Golf Tour – held at Old Ford Manor Golf Club.

What is it that you like about Golf?

I love the feeling and it gives me a 'great buzz' when you have finished a course. I also adore being driven around in the buggy carts – it's a lovely way to see the view!

Can you remember at what age you started playing?

I was 9.

How do you prepare for a tournament?

I go to the range a lot and put in some extra practice with my shots. Just before the tournament I also make sure I have everything I need with me – my pitch repair tool, ball marker, tee, ball and that all my clubs are clean.

How do you celebrate/relax after a tournament?

Usually I get to pick dinner. Sometimes I get a toy.

Why would you recommend golf to other people your age?

I have made another circle of friends that I would not have otherwise met through playing golf. There are not many girls currently playing so there is a nice bond between us. Once you start to play it gets a bit addictive and you just want to go out to play the whole course again.

When I am older I would like to be a professional player and travel playing this sport all over the world.

I started by playing in the smaller competition - Golf 6 league where you play with a partner.

Then I went onto U.S. Kids because you play on your own against other girls/boys in your age group. For me that is 9/10.

If you score less than 45 then you can play at Pinehurst in America – and if you win then you become the best kid in the world for that age group.



Tell us about your collection of golf markers.

What are golf markers? – You place the marker down when your ball is near a hole enabling the next player to take their shot at the hole without knocking your ball out of the way. Sometimes you also use the maker to line up the ball.

These are a small selection of the golf markers that I have collected since I have been playing: The Emirates and Trump were collected while I was on holiday in Dubai. The Emirates was a course where I played night gold in the club and I loved it! The Trump golf marker was played at a course that is owned by Donald Trump.

My father and I have matching Tottenham Hotspur golf makers as we both support Spurs.

Science Awards	W/C 20.2.23	W/C 27.2.23	W/ C 6.3.23	W/ C13.3.23
Reception GM	Alfred	Francesca	Beatrice	Leo & Blakely
Reception S	Oscar	Grayson	Caitlin	Alexander
Reception G	Amelia	Louis	Robert	Ethan & Parker
Year 1 C	Golda	Violet	Ariya	Science Week
Year 1 H	Louis	George	Darcey	Science Week
Year 2 B	Rocco	Roma	Luke	Science Week
Year 2 V	Reuben	Ava	Phoebe-Faith	Science Week
Year 3 B	River & Maggie	Teddy	Annie	Science Week
Year 3 C	Olivia	Carter	Valentina	Science Week
Year 4 G	Henry	Richard	Alexander	Science Week
Year 4 H				
Year 5 G	Isla	Georgina	Donald	Science Week
Year 5 N				
Year 6 B	Alexander	Ivy	James	Science Week
Year 6 Z				

Year 4 Have A Splendiferous Day Out!

Year 4 visited the Roald Dahl Museum on Wednesday 22 March. The children enjoyed the scenery on the journey to Great Missenden as well as the style of buildings and small doors they saw upon arrival.

During their visit they enjoyed designing their own Roald Dahl character, browsing the museum and all of its wonderful features such as the giant chocolate door, fancy dress and Dahl's ACTUAL writing chair.

What a wonderful trip with great memories to keep forever!



MERIT	W/E 24.2.23	W/E 3.3.23	W/E 10.3.23	W/E 17.3.23
Reception G	Whole Class	Parker	Ethan	Emma
Reception GM	Francesca	Giorgio	Blakely	John Blakely
Reception S	Oliver	River	Caltin	River
Year 1C	Carter	Max	Amelia	Olive
Year 1H	Blake	Heidi	All	Maddox
Year 2B	Scarlet	Joseph	Dustie	Teddy
Year 2V	Phoebe	Frey Ranveer	Reuben	Tommy Robyn
Year 3B	Carter	Arlo	Whole class	Annabelle
Year 3C	Marnie	Ralph	Annie	Whole Class
Year 4G	Arran	Amari	Iman	Luke
Year 4H	Henry C	India	Maria	Whole Class
Year 5G	Florence	Jack	Abigail	Whole Class
Year 5N	Aimee	Rauf	Emre	Evie
Year 6B	George	Amelia	George	Whole Class
Year 6Z	Whole Class	Maxwell Flo	Florence	James Naya

International Women's Day

For International Women's Day the children in Reception Gowland enjoyed listening to and discussing the story 'Girls Can Do Anything' from the school library/ Mrs Boulwood.



Marshmallow Toasting in Upper Kindergarten Thomas

Recently Upper Kindergarten Thomas took part in some forest learning and made a fire in the new fire pit. They were able to toast marshmallows, garlic bread and sweet corn. All the children prepared their own skewers of marshmallows in the classroom. Everyone thoroughly enjoyed this activity which taught them about safety near fire and the importance of listening. Well done UKT.



First Aid Training in Year 6

On Wednesday the 1 March, Year 6 children all attended First Aid Training. They learned all about DR. ABC, how to assess whether someone needs help and how urgent the situation is. Using the resuscitation manikins, the children also learned how to do CPR. They needed to compress really quickly and with more force than they expected.

Pupils also learned about the possible reasons for people to stop breathing and how to help them if they do. They can now confidently put a casualty into the recovery position and know how to help them if they are unresponsive.

In addition to this, the children also learned about other first aid emergencies and how to help someone with various types of burns, cuts and choking. They particularly enjoyed dislodging objects that someone might be choking on using the abdominal thrust on the manikins.

They asked some excellent questions and showed great maturity in dealing with a range of different first aid situations. Well done Year 6, you all deserve your 'Mini First Aid' certificates.



World Book Day at Coopersale Hall

On Monday 27 February, Miss Gilbert led a whole school assembly to introduce World Book Day. We discussed the first book we ever remember enjoying, what our dream library would look like and details about World Book Day.

On Thursday 2 March, we celebrated World Book day. All of the children made such a huge effort to dress up as their favourite author or book character. We spent the day reading, crafting bookmarks, designing our own book sleeve and many more fun activities to celebrate our love of reading.

Some classes watched a live session with the famous author 'Michael Morpurgo' whereby he discussed his new books and the skills around how he created plots for his stories.

The Scholastic Book fair arrived on World Book Day and lots of families came to visit and purchase some wonderful new books to enjoy at home. A big thank you to everyone that has supported the book fair.

Well done to everyone! World Book Day has been truly fun and reminded us all how much we love reading and what joy and imagination books bring to our lives.

Thanks to your generosity we have managed to raise £352 for Epping Forest Food Bank!



Learning in Upper Kindergarten Thomas

The children in Upper Kindergarten have been learning the sound 'E'. For a fun activity in Upper Kindergarten Thomas the children made Eccles cakes. As you can see it was a little messy but the children loved making them, then tasting them and they were also able to take a couple home.



Eco Council Assembly

Miss Gowland along with Eco Council presented a wonderful, informative World Wildlife Assembly to the rest of the school.

The assembly shared the importance of looking after the world's forests and jungles, and what we can do to help, such as choosing foods from sustainable and non-deforestation sources.

We'll certainly be putting a lot more thought into what we buy and how we can help in the future.

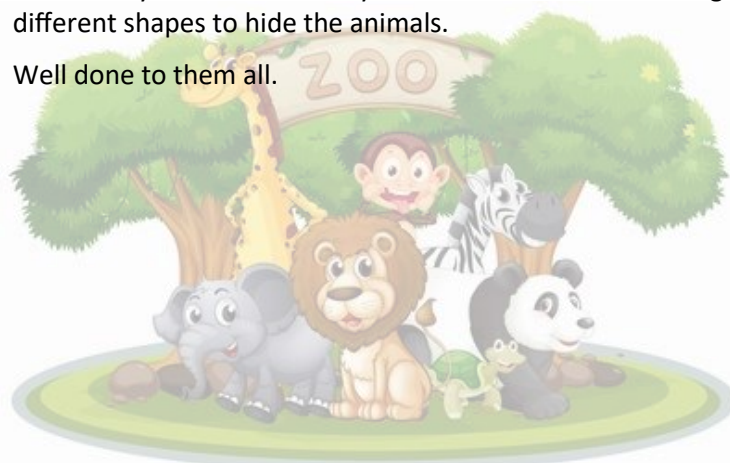


Learning in Lower Kindergarten



The children have learnt all about different shapes this term. They made their very own Dear Zoo book using different shapes to hide the animals.

Well done to them all.



Bikeability 2023

Coopersale Hall Year 6 children enjoyed a challenging yet enjoyable Bikeability course this term. Jess in 6B and Maxwell in 6Z have written their thoughts on the course:

On Monday 13 March and Tuesday 14 March, half of Year 6 did their Bikeability, and the other half did it on Wednesday 15 and Thursday 16 March.

In the morning we practised turning, hand signals and basic cycling on the astro-turf. At the beginning of the lesson, we fitted our helmets and did our ABCD check:

A = Air in tyres. B = Brakes. C = Chains in gears. D = Direction of handle bars.

After lunch we cycled down Flux's Lane and started to cycle in the roads. We learned about positions in the road and how to do a U-turn. Eventually we ran out of time, so we cycled back to school to put our bikes away until our next session.

The next day, we went straight onto the roads, practising previous activities to warm up and then how to cycle past a simple T-junction. After the tiring morning, we refreshed ourselves with some well-deserved snacks!

Once our break ended, we peddled up the road, practising traffic diversion, traffic lights, turning in to junctions and more U-turns.

Our teachers were Matthew, Jeanette and Peter. They were all very kind, encouraging and pushed us to our limits. It was a great experience and was very enjoyable.



Working Hard in Upper Kindergarten Thomas

Well done to both Jamesy and Hugo who received a special Headmistress sticker for their amazing 'H' sound of the week work.



Celebrations Assembly

The wet weather didn't dampen the spirits of our pupils as everyone gathered together in the hall to celebrate each other's achievements. Miss Crick was delighted to remind everyone that it had been International Women's Day and read "Girls Can Do Anything" to the children – everyone listened beautifully.

Mr Barham was welcomed to the front of the assembly where he presented the Year 6 rugby team with certificates for the recent tag rugby tournament. He took this opportunity of letting the whole school know that if they wanted to try this game – then to come along to the Thursday after-school club and have a go. Everyone is welcome as all teams are made up of girls and boys!

Everyone clapped their hands to thank Emily and James for their kind gifts of toys that they had donated to the school – among which was 'Dinosaur Bingo' that the younger children were looking forward to playing!

Those who had been awarded with the Merit, Science and Bucket Filler Certificates received a round of applause and we were delighted to learn that Miss Barnard had been nominated as a Bucket Filler too!

Oak House were the proud recipients of the House Cup this week – well done! The 2nd placed house was only 46 points behind... so keep striving to earn those house-points!



Eco Wellies and Woodlands Club

The children in Wellies and Woodland club really enjoyed their spring walk, finding daffodils, crocus and walking in the sunshine. They also did lots of litter picking in the school grounds to look after our local wildlife.



Pupils Excel At Netball Tournament

We are so proud of our Netball A and B teams, who played brilliantly at a netball tournament recently. Team A won their group and Team B showed fantastic progress in their netball skills, having never played as a team before. We are very proud of their fantastic sportsmanship skills and how wonderfully they represented our school.



The KS2 Choir Show What They Can Do At The ISA A Capella Competition

On Friday 10 March the KS2 choir travelled to Leighton Park school for the ISA A Capella competition. After a long journey and a quick warm up, there was no time for nerves as they were on stage and performing. The choir sang "Love Shine Alight" and did a fantastic job, with great percussion, air guitars, solos and harmonies. They performed with joy and enthusiasm and got a rousing round of applause.

After their performance, they settled down to watch the other schools perform and were very impressed with the fantastic standard and the entertaining performances. Everyone agreed that one of their favourite performances was a sixth form group performing "Ghostbusters".

The results were announced after lunch, and, although Coopersale Hall didn't win, the children did agree with the judge's decision as they had all really enjoyed the winning performance. Once the results were out of the way the pupils took part in a workshop, run by the judge, Christopher Hann, who is a conductor, vocal animateur, singer and teacher. He quickly taught everyone a song and had everyone singing in parts, with movements and harmonies, it was a fantastic way to end the day!

It was a very inspiring experience for the Coopersale Hall Choir and the children are already planning what they will be doing for next years performance.

KS2 choir meets on Thursday mornings in the studio at 8.15am and all are welcome to join.

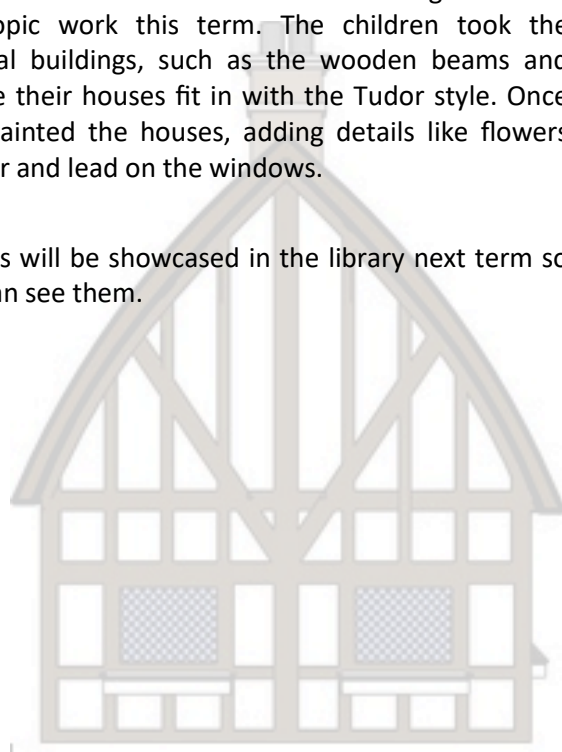


Year 5 Build Their Dream Tudor House



Year 5 created beautiful ceramic Tudor houses after learning about the Tudors during their topic work this term. The children took the elements of the original buildings, such as the wooden beams and thatched roofs, to make their houses fit in with the Tudor style. Once fired in the kiln they painted the houses, adding details like flowers growing around the door and lead on the windows.

These beautiful ceramics will be showcased in the library next term so that the whole school can see them.



Easter Bonnet Parade

The grey weather didn't dampen our spirits as pupils from across the school donned their homemade bonnets for the annual Easter Bonnet Parade!

First up was our youngest children, parading their spectacular hats which were adorned with all sorts of Easter decorations. We had giant eggs, daffodils, chicks, Easter gardens, edible hats and even an Easter themed spider man hat.

Each year group took it in turns to parade along the terrace, through the gate and onto the grass, finishing at the steps for a perfect photo opportunity.

What a lovely way to end what has been a brilliant Spring Term. Have a lovely Easter!



An Exciting Day At The Stables For Year 6

Some of the children in Year 6 spent a very enjoyable afternoon at High Beech Riding School. They all went out on a horse ride and, with help, very ably navigated their way around the quiet roads in the forest.

The horses needed a groom after their ride so the children enthusiastically and carefully used the correct brushes and equipment to make sure the horses were clean and happy to return to their stables.

The children asked thoughtful questions and learned lots of new information about caring for horses. They had an amazing day and hope to visit the stables again soon.



Year 5 Create Amazing Aztec Masks

For their History topic, work Year 5 have been investigating the Aztec period. They watched a video that explored how the Aztecs founded the capital Tenochtitlan, investigated how people lived in their city and researched the Aztec gods and goddesses.

Before making Aztec masks, both classes found that history could not be sure of exactly what the masks were meant to represent. They discovered that there were conflicting views and information.

Children read out the details that they found in their research books and together they compiled the different details to show what the historians had discovered about the Aztecs.

Before creating their masks, the children looked at the different styles of masks and the colours that they used. The children then went on to make their own beautiful Aztec masks.

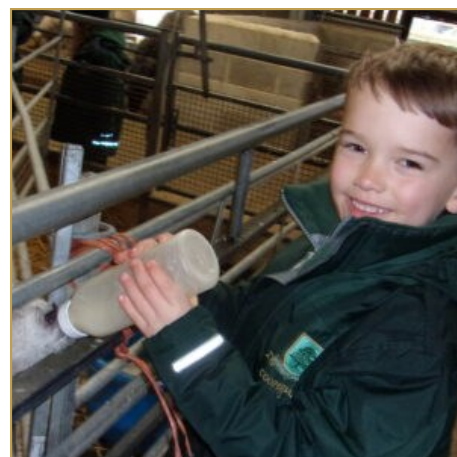


Year 1 Enjoy a Trip to Barleylands Farm Park

Year 1 enjoyed a trip to Barleylands where they listened to the story of the hungry caterpillar and then made healthy salads linking to their PSHE topic of Healthy Me.

To link with their topic of 'maps', the children followed a map of all the fruits and vegetables that the hungry caterpillar had eaten which led them to all of the baby farm animals. The children fed lambs with bottles of milk and also fed the goats and saw the piglets feeding from their mother. Due to the bad weather, the children then went in to the reptile house and saw many nocturnal animals. They loved seeing the bat flying and the king snake in its enclosure.

It was a wonderful day full of hands-on learning and fun!



Magical Mother's Day Cards

There were so many beautiful Mother's Day cards made by our pupils this year! We hope everyone had a lovely day celebrating with their loved ones.



The Benefits of Yoga For Children

Yoga lessons are taught to all of our Kindergarten children from the first term they start at school. The children enjoy getting the chance to move their bodies and concentrate on their movements.

At the start of every lesson the children sit in a circle and listen to Miss Dawson, their Yoga teacher, ask them the question “what do you love?”, the children take it in turns to knock the chimes and answer. Its always interesting to hear the children’s answers, some saying “I love baked beans” and “I love my teddy” but the most common answer is often “I love my mummy playing with me.” Every child has the opportunity to ring the chimes and have everyone listen to their answer.

These lessons help the children with social skills, encourages good team work and teaches them to have respect for one another as well as increasing their confidence. The children follow Miss Dawson and hold the poses that she models for them at the front of the class. The exercise improves muscle strength and helps to enhance concentration. They are also helping to maintain their flexibility, body awareness, balance and co-ordination.

At the end of every class Miss Dawson repeats kind words of affirmation that the children join in with. I am Kind, Caring, Loving...

There are so many benefits to Yoga for children, it can support their mental health and wellbeing and help to focus the mind. In our busy, constantly stimulated world it can be really hard for children to find ways to switch off and calm down. Yoga provides a space where they can do this – without judgement or expectation.

It’s important to teach children how to relax, how to breath, how to release tension in the body through simple stretches and how to focus and calm the mind. Giving them the skills to be able to deal with anxiety or stress.



Getting Social

Click the images to visit our social media sites.



Oak-Tree Swimming Gala

Coopersale Hall finished in a fantastic 2nd place at the Oak-Tree Swimming Gala recently, with only 8 points between them and the winning team!

It was a fantastic event with some very close races and excellent sportsmanship shown by all of the children



Thank you for your Book Donations!



Easter Egg Donations

Coopersale pupils donated over 60 Easter Eggs to the Epping Forest Food Bank! These eggs will be a welcome treat for struggling families over the Easter holidays. Thank you to everyone who donated!



Let's Glow Crazy Disco

FOCHS kindly arranged the special Spring term "Let's Glow Crazy Disco" on Thursday 16 March exclusively for Years 4 & 5.

The theme for the afternoon was neon or white, and our pupils did not disappoint, dressing to impress!

Everyone had a wonderful time dancing with their friends, enjoying the refreshments and glowing in the dark with glow sticks and neon face paints!



A Visit from the Easter Animals

A huge thank you to FOCHS for organising a fantastic day. The school was visited by a menagerie of animals including 6 day old lambs, a tarantula, a snake, meerkats, a toad, a tortoise, a bearded dragon, and a very, very big rabbit to name a few. The children were taught about each animal, and even got the chance to hold some. Many of our brave children even decided they wanted to hold the tarantula!

Thank you also to James and Megan from JIC Party Pets, Maldon Promenade Zoo. It was a great event, in which each class got the opportunity to visit the animals and learn more about them.



FoCHS Update

Easter Baskets

Thank you to everyone for your generous support of our Easter Baskets this year. We hope that the winners enjoy all of their lovely goodies!

Children's Hampers won by: Jessica & Luke, Dusty & Arthur, Simran, Evie, Roshni

The Luxury Hamper won by: Maddox



Easter Animals

It was fantastic to see the children enjoying the animal visit organised by FoCHS. We hope to be able to keep supplying the children with enriching and exciting experiences.



Let's Glow Crazy Disco

Pupils from Years 4 and 5 enjoyed a special glow-in-the-dark disco after school this half term. Dressed to impress, the children (and teachers!) threw some serious shapes on the dancefloor. They also enjoyed taking part in various games and competitions; winning glow sticks, sweets and medals!

Second-Hand Uniform

Purchasing second-hand uniform is one more way that we can all do our bit to help the environment and reduce waste, so we really appreciate your support.

Our order form can be downloaded from the school website: <https://www.coopersalehallschool.co.uk/cooper-content/uploads/2022/02/CHS-Second-Hand-Uniform-Order-Form.pdf>

If you wish to place an order, please hand in your completed form to the school office and we will let you know if the items requested are available. Please do not email any order forms to us. Once your order is confirmed, payment should be made to us electronically using the details on the form.

Our price list can also be found on the school website: <https://www.coopersalehallschool.co.uk/cooper-content/uploads/2022/02/CHS-Second-Hand-Uniform-Price-List.pdf>

We also very much appreciate any donations of good quality, school-branded uniform. Please leave it with the school office and one of our volunteers will collect it.

If you have any queries, please do speak to your class rep.

FoCHS Update

Get in touch

If you are interested in getting involved this year, have some ideas, or if you simply have a question, we would very much like to hear from you. Here's how you can get in touch:

Each year group has at least one FoCHS rep. The easiest way to get in touch is to message your year or class rep on WhatsApp:

LK – TBC

UK - Susan Tetherton;

Reception – Stacey Cummins;

Yr 1 – Nickie Futter;

Yr 2 – Rachel Concadoro;

Yr 3 – Nicola Wiley and Victoria Moyses;

Yr 4 – Rachel Concadoro;

Yr 5 – Sarah Cook;

Yr 6 – Nickie Futter and Jess Lancaster

You can also email us at FoCHS@coopersalehallschool.co.uk or speak to any members of the Committee:

Susan Tetherton (Chair)

Victoria Moyses (Treasurer)

Nickie Futter (Secretary)

Sarah Shirley

Sarah Cook

Louisa Richards

Stacey Cummins

Jagdeep Chahil

Julia Fahri

Christie Demetriou

You can also check out our page on the school website: <https://www.coopersalehallschool.co.uk/parents-pupils/parents-association/>

